The Five Focuses

for Early Childhood Development

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Simon Says Game: Play this to help your child with following directions and building your child's self-esteem

Simon says hug yourself.

Simon says give someone you love a kiss. Simon says do five jumping jacks then cheer for yourself.

Simon says say something nice about someone

Simon says blow a kiss to your brain for being so smart.

Now stop! ("Ha...Simon didn't say) Game over!

Physical

Bowling Fun

Materials Needed: 6-9 empty water bottles and a ball

Set up the bottles outside on the driveway or sidewalk. Have your child roll the ball and try to knock over all of the "pins." Now you try, mom needs to have fun too!

Social and Emotional

Safety Skills:

- Teach the proper way to hold scissors.
- 2. Teach how to exit the house and what to do in case of a fire emergency.
- 3. Teach how to dial
- 4. Teach "don't talk to strangers."

"If you want a friend...be a friend"

Life <u>Le</u>ssons

Have your child "be a friend" by donating five of their toys to the local thrift or Salvation Army store. Give to friends in need!

Character

Cognitive

Solving problems can be quite hard for young children to know how to do. Teach them using pictures. Ask your child number word problems such as this one, while drawing it out so they can visually see it and acquire that knowledge background. Make up some more of your own to do! Problem: The girl had three circles. The boy had five. How many did they have together?

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