



## To Your Child Ages 1 to 2 years

**Objective:** The child will build emotional development through talking and positive words.

**Materials needed:**

Yourself and your child!

**Procedures:**

1. Do something special for your child this Thanksgiving. Whatever you decide to do, make sure it will be memorable and easy to store away in their baby book for keepsakes so they can refer back to it with you when they're older!
2. Options to do today for your child include:
  - Write them a short, sweet letter
  - Draw them a picture of the family
  - Write a short poem about why they're special to you
  - Write them a letter about what you first thought when you saw them, how you feel about them today, and what you want for their future
  - Write 5 reasons mommy/daddy loves them...



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3. Just choose one of those options to create and do for your child.

4. You can choose to read and show your child today for Thanksgiving what you created, wrote, or made for them, or keep it somewhere safe to re-visit when they're older!

5. Making moments that last, forever speaking, is what it is all about!

HAPPY THANKSGIVING EVERYONE

### **Milestones to meet:**

The child will build emotional development through positive and nurturing words/actions of their parents.

### **Evaluation:**

Did this lesson work for your child? Why or why not?