



Feather Feel

Ages 1 to 2 years

Objective: The child builds tactile awareness, cause and effect, and parts of their body through the use and exploration of feathers.

Materials needed:

Feathers (you can get these in any craft section of any store—Wal-Mart, Target, Michael's)

Procedures

1. Sit with your child on the floor.
2. Put the feathers down in front of you and your child.
3. Encourage child to grab feathers and pick them up. Use words to describe how they may feel to your child. "Soft, feathery, tickles" are all adjectives. Ask them: "What do you feel?"
4. Now build language development in your child by saying the feathers colors, while holding it up for them to see and make the connection visually.
5. Let your child explore and discover with the feathers on their own.



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6. **Extended Learning:** Take one feather and tickle your child's nose with it. Watch to see if they show a reaction (making an awareness of touch—cause and effect). Touch their ears, feet, forehead, cheeks, and hands with the feathers. Watch as your child should respond. As you touch each part, say the name of where you are touching so that your child can make the connection of what they are feeling, to the body part they feel it on. Example: Rub the feather on their nose, and then say the word "nose" to your child.

Milestones to meet:

The child increases tactile awareness through feather exploration. The child learns body parts by having outside stimulation through feather tickling. The child learns cause and effect.

Evaluation:

Did this lesson work for your child? Why or why not?