



# FALL Colors Finger Painting

## Ages 1 to 2 years

**Objective:** The child uses creative expression in finger painting, learning the colors of fall.

### Materials needed:

Highchair

Baby food—Use those that represent the colors of fall: Yellow (bananas), Green (peas), Brown (beef), Orange (carrots or sweet potatoes), and Red (strawberry baby yogurt)

### Procedures

1. Have your child sit in their highchair to teach this lesson, so they do not become distracted.
2. Have your child go "BARE" (only in a diaper) or wear old clothing for this activity will be messy!
3. On the tray in front of your child, spoon out a few different flavors and colors of baby food.
4. As you put each color on the tray, say the colors name to your child. Do one color at a time to teach and finger paint with.



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5. Encourage your child by modeling what it is you want them to do. Dip your finger in the

“paint” (baby food) and smear it around the tray, like finger painting it!

6. Encourage your child to touch and finger paint with the colors. Build sensory awareness and texture learning with finger painting fun! Baby food as a form of “paint” is also SAFE in case your child puts it in their mouth!

7. Continue painting until all colors have been taught.

### **Milestones to meet:**

The child uses senses of taste and touch to increase fine-motor skills and texture awareness.

The child builds creativity through art.

### **Evaluation:**

Did this lesson work for your child? Why or why not?