

# Milestone Checklist

6 months - 1 year

SKILL	DEVELOPMENT FOCUS AREA	WHAT CHILD DID	CHECK IF EMERGING	CHECK IF MASTERED	DATE
Sits on own	Physical				
Rolls over	Physical				
Stands up holding on	Physical				
Picks objects up&down	Fine-Motor				
Uses fingers to grasp	Fine-Motor				
Crawls on hands&knees	Physical				
Stands alone	Physical				
Waves hi and bye	Physical/Social				
Rolls a ball	Physical				
Throws objects	Physical				
Puts objects in and out	Fine-Motor				
Scribbles with a crayon	Fine-Motor				
Feeds self	Life Skill				
Holds own cup	Life Skill				
Responds to "No"	Social				
Helps you	Social				
Copies simple actions	Cognitive				
Responds to directions	Cognitive				
Imitates/Uses gestures	Cognitive				
Follow simple direction	Cognitive				
Follows moving objects	Cognitive				
Says "mama" "da-da"	Language				
Says one or two words	Language				
Knows own name	Language				
Tries to sing songs	Cogn./Lang.				
Responds to books	Cogn./Lang.				
Attachment to parents	Emotional				
Smiles spontaneously	Social/Emot.				
Laughs to actions	Social/Emot.				

FUNNY MEMORIES