

# Milestone Checklist

4 years to 5 years

SKILL	DEVELOPMENT FOCUS AREA	WHAT CHILD DID	CHECK IF EMERGING	CHECK IF MASTERED	DATE
Walks back toe-heel	Physical				
Plays hopscotch	Physical				
Tries to jump rope	Physical				
Skips/Shuffles feet	Physical				
Turns somersault	Physical				
Jumps on one foot	Physical				
Swings independently	Physical				
Races others	Fine-Motor				
Cuts on continuous line	Fine-Motor				
Copies and Traces	Fine-Motor				
Uses glue sparingly	Fine-Motor				
Puts puzzles together	Fine-Motor				
Explores sex differences	Emotional				
Cut easy foods w/ knife	Life Skill				
Gets themselves dressed	Life Skill				
Ties/laces own shoes	Life Skill				
Groom's self	Life Skill				
Interacts w/ other kids	Social				
Plays dramatic play	Social				
Aware of others feelings	Social/Emot.				
Ask ?s & uses -tenses	Language				
Points to/names colors	Cognitive				
Count/Recognize #1-5	Cognitive				
Recognize/writes ABC's	Cognitive				
Knows & draws shapes	Cognitive				
Imitates writing words	Cognitive				
Compares and contrasts	Cognitive				
Draws detailed person	Cognitive				
Knows rhyme&opposite	Cognitive				

FUNNY MEMORIES