

Milestone Checklist

3 years to 4 years

SKILL	DEVELOPMENT FOCUS AREA	WHAT CHILD DID	CHECK IF EMERGING	CHECK IF MASTERED	DATE
Runs around obstacles	Physical				
Hops on one foot	Physical				
Throws ball overhead	Physical				
Use playground on own	Physical				
Catches a ball	Physical				
Walks on a line	Physical				
Steers tricycle correctly	Physical				
Drives nails and pegs	Fine-Motor				
Copies or traces	Fine-Motor				
Manipulates Clay	Fine-Motor				
Makes cuts w/ scissors	Fine-Motor				
Pour from small pitcher	Fine-Motor				
Buttons/Unbuttons	Fine-Motor				
Zips zippers	Life Skill				
Blows own nose	Life Skill				
Use toilet independently	Life Skill				
Brushes own teeth	Life Skill				
Shares toys/Takes turns	Social				
Acts out scenes/stories	Social				
Understands emotions	Emotional				
Groups, Matches, Sorts	Cognitive				
Draws/names pictures	Cognitive				
Ask why and how?	Cognitive				
Aware of past & present	Cognitive				
Compares & concludes	Cognitive				
Tells short story on own	Language				
Begins to obey requests	Lang./Social				
Sentences of 4-5 words	Language				
Tells full name and age	Cogn./Lang.				

FUNNY MEMORIES