

# Milestone Checklist

1 year – 2 years

SKILL	DEVELOPMENT FOCUS AREA	WHAT CHILD DID	CHECK IF EMERGING	CHECK IF MASTERED	DATE
Walks front/backwards	Physical				
Runs	Physical				
Pulls and pushes toys	Physical				
Throws and kicks ball	Physical				
Walks up/down stairs	Physical				
Seats self in child chair	Physical				
Moves/Dances to music	Physical				
Builds with blocks	Physical				
Turns 3 to 4 pages	Fine-Motor				
Scribbles and Paints	Fine-Motor				
Turns knobs	Fine-Motor				
Places objects in holes	Fine-Motor				
Uses spoon to feed self	Life Skill				
Removes own clothing	Life Skill				
Drinks from a straw	Life Skill				
Indicates toilet needs	Life Skill				
Brushes teeth with help	Life Skill				
Pretends real life events	LifeSkill/Social				
Helps you	Social				
Initiates own play	Social				
Shows temper tantrums	Emotional				
Sorts and Matches	Cognitive				
Take apart/put together	Cognitive				
Imitates others actions	Cognitive				
Uses 10 to 20 words	Language				
Tries to "read" on own	Cogn./Lang.				
Combines two words	Cogn./Lang.				
Follow 2 step directions	Cognitive				
Knows body parts	Cognitive				

FUNNY MEMORIES