

## *DEVELOPMENTAL STAGES OF MOTOR SKILLS*

### **INFANT**

### **0-6 MONTHS**

Move arms and legs, or put hands together

Control of both arms will be the same

Bats at objects or Kicks at objects in front of them

Move eyes and hand to coordinate from side to side

Puts objects and/or hands in mouth

Grasps objects and holds in closed fist

Holds up own head

Begins sitting up on own

Begins rolling and turning (some may start scooting)

Watches objects and reacts to stimuli

### **INFANT**

### **6-12 MONTHS**

Motions become stronger

Picks up objects and sets them down

1 year-Begins to have a pincher grasp (two-fingers)

Grabs and lets go of objects with purpose

Crawls and Scoots

Pulls up to a stand

Tries to stand on own (some 1 year olds may be beginning to walk)

Sits up on own

Toss and kicks objects

Claps hands together

Uses hand gestures for wants or needs

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### **TODDLER**

### **1-2 YEARS**

Stands and/or Walks on own; Begins to run

Sit to Stand, Stand to Sit positions

Jumps on two feet

Throws, rolls, and catches a ball

Kicks a ball

Balance will strengthen

Begins moving fingers independently of other fingers

Uses hand gestures for wants and needs (Points)

Uses whole-arm movements to grasp and color

Mimics dancing

Uses two-finger grasp to pick up objects

Begins push and pull

### **TODDLER**

### **2-3 YEARS**

Uses more elbow movement when using hands

Begins opening and closing objects, pulling and pushing, pinching, peeling and sticking on stickers, squeezing, clipping, transferring, and tearing objects

Color progresses from circular scribbling to up/down and side/side scribbling

Alternate right and left hands to manipulate objects

When holding pencil, fingers point towards paper

Begins using scissors with a whole-hand grasp, using both hands to open and close scissors; At 3 they can hold scissors in one hand and snip at paper

Can run, jump, kick, catch, throw, and dribble a ball

## *DEVELOPMENTAL STAGES OF MOTOR SKILLS*

### **PRESCHOOL**

### **3-4 YEARS**

Uses a pincher grasp to hold pencil and uses wrists  
Hand preference begins to show (left or right)  
Can stay in line while coloring, trace along lines, and cut along lines using one hand to hold scissors  
Can write their own name (or some letters in it)  
Skips and Hops; Throws, catches, and bats at balls  
Can stand on one foot; can hop on one foot  
Can squeeze out own glue (estimation of amount is still underdeveloped of "perceptive necessity")  
Can tear, rip, link, construct, clip, lace, bead, zip, and button objects  
Can tear and stick tape to paper (or stickers)  
Can transfer and distribute objects to sort or match

### **PRE-KINDER**

### **4-5 YEARS**

Holds a pencil with two-finger grasp  
Stays in lines when coloring  
Cuts out definite shapes or patterns with diverse lines (diagonals, circles, loops, sides)  
Glues on own with accurate perceptive amount  
Dribbles and bounces a ball  
Uses their body in "sport-like" ways with purpose  
Can run backwards and do jumping-jacks  
Can write their own name (left to right)  
Both hands work together in balance  
Holds scissors with one hand, two-finger and one-thumb mature fashion