

Fine-Motor Development

WAYS TO INCREASE A CHILD'S ABILITIES

1. Pinching
2. Tearing and Ripping
3. Stickers
4. Squeezing (play dough)
5. Writing and Tracing
6. Beading
7. Lacing
8. Twisting and Turning
9. Sorting and Matching
10. Clipping
11. Zippers and Buttons
12. Cutting
13. Gluing
14. Scooping
15. Pushing/Pulling objects through
16. Drawing straight lines (rulers)
17. Blowing (bubbles or balloons)
18. Magnets
19. Linking and Stacking
20. Plugging (keys in keyholes)
21. Hammering, Nuts, & Bolts
22. Typing