



Veggie Match

Ages 2 years to 3 years

Objective: The child is able to match similarities while using real vegetables.

Materials needed:

Real veggies—2 of each, or 2 of any

- Potato
- Large tomato
- Green Beans
- Large carrot
- Corn on the cob
- Large celery stalk
- Orange pepper (it is not hot; only sweet)

Procedures:

1. Do not cut any of the veggies. Teach and do with your child with real and whole items.
2. With any, or all, of the real vegetables (2 of each), lay them all on the floor in front of child.
3. Point to each veggie asking your child to tell you the name of it. Ask: "Can you tell me what this vegetable is called?" (If they do not know, teach them. While pointing to the corn, say:



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"Corn on the cob. Can you say corn? The corn is yellow.")

4. Continue asking your child to tell you what each are called, and teaching with all real vegetables.

5. Now encourage your child to put the matches together. Say to teach: "Here is a corn. Here is a corn. We have 2 corns."

Milestones to meet:

The child can recognize and name vegetables. The child can look at same vegetables and match them together into categories.

Evaluation:

Did this lesson work for your child? Why or why not?