



# Pumpkin Pie

## Finger paint

**Ages 1 year to 2 years**

**Objective:** The child builds tactile awareness after painting a pumpkin picture using their fingers and hands with pumpkin pie filling.

### Materials needed:

Pumpkin cutout (print from resources page)

Pumpkin pie filling (large can) \*Always read ingredients first to make sure your child is not allergic to anything\* If your child is make substitute "paint mixture"- water and baby oatmeal, mix together and add in a very small drop of orange food coloring to make "orange paint" and use that mixture for this activity

### Procedures:

1. Sit with your child in their highchair for this activity wearing old clothes or go shirtless; for this activity may get messy! Do in an easily cleanable area, such as the tiled floor or kitchen.
2. Put the pumpkin picture cutout in front of your child on the tray.
3. Put a spoonful of pumpkin pie filling (or substitute paint mixture) on top of the pumpkin.
4. Model what you want your child to do. Stick one finger in the filling and smear it around on the pumpkin cutout sheet as a form of painting.



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6. Watch as your child will dip their fingers (or whole hand) in the pumpkin pie filling and "paint" on the pumpkin. Encourage them to do so.

7. You may have to help your child's hands/fingers as necessary if they do not show any participation or idea of what it is they are suppose to do. Help and model to teach as necessary.

8. Your child may try to eat this! If they do put it in their mouth, it is okay, its food, no harm no foul! However, always read ingredients on the back of the pumpkin pie filling can first, to make sure your child is not allergic to any of the ingredients in it.

## **Milestones to meet:**

The child can use their fingers and hands to paint in order to build tactile and fine-motor development.

## **Evaluation:**

Did this lesson work for your child? Why or why not?