



Mess-Free Paint

Leaf Prints

Ages 1 year to 2 years

Objective: The child builds fine-motor and visual creativity skills by touching a bag with paint and leaves.

Materials needed:

Large Ziploc bag

Food coloring (any colors)

Leaf cutouts (print from resources page)

Procedures:

1. Have your child sit in their highchair for this activity or a small kid-friendly table.
2. Before hand, cut the leafs out individually from the sheet.
3. Place them (one or all together) inside the Ziploc bag. (you may do one per bag and color)
4. Add in your choice of food coloring, 2 or 3 drops per color into the bag.
5. Zip up and close bag tight so it doesn't leak.
6. Model to show your child what to do first; using your fingers, start touching the bag mixing the colors around on the leaves.
7. Encourage your child to touch the bag with



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their fingers and mix up the colors on the leaves. Help as necessary.

8. Keep putting "fingerprints" into the bag, mixing up the colors all around, as a form of "painting" the leaves.

9. **Optional:** Take the leaves out, lay them on a paper towel, and let dry completely. Tape up in the window for "fall decorations" or for your child to visually look at their artwork when completed.

Milestones to meet:

The child can use their fingers to touch a bag and mix colors. The child builds fine-motor skills and hand-eye coordination through finger-painting. The child builds color awareness.

Evaluation:

Did this lesson work for your child? Why or why not?