



# Football Finger paint Ages 2 years to 3 years

**Objective:** The child is able to use their fingers and hands to build tactile awareness after painting a football using the color of their favorite team.

## Materials needed:

Football cutout (print from resources page)

Paint Mixture - White vanilla yogurt and whatever food color that matches your favorite teams color.

Add a few drops of the color, mix together in yogurt.

## Procedures:

1. Sit your child at a kid-friendly table wearing old clothes; for this activity may get messy! Do in an easily cleanable area, such as the tiled floor or kitchen.
2. Put the football picture cutout in front of your child on the table.
3. Put a spoonful of yogurt paint mixture on top of the football picture.
4. Model and explain what you want your child to do. Stick one finger, or your hand, in the yogurt paint and smear it around on the football cutout.



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5. Watch and encourage your child to finger paint with you.

6. You may have to as necessary if they do not show any participation or idea of what it is they are suppose to do.

7. Encourage your child to paint inside the lines of the football cutout.

## **Milestones to meet:**

The child can use their fingers and hands to paint and build tactile and fine-motor development. The child shows a willingness to stay inside the lines when painting.

## **Evaluation:**

Did this lesson work for your child? Why or why not?