

Objective: The child builds fine-motor skills through peeling stickers off of their feet and legs.

Materials needed:

Fall stickers (you can find these almost anywhere that has stickers. Michael's craft store always has fall associated stickers)

Procedures:

- 1. Sit with your child on the floor.
- 2. Begin putting stickers on their feet and legs.
- 3. Show them they can peel them off using their fingers. Model what you want them to do.
- 4. Watch as your child tries to do so.
- 5. You can help child if they show trouble doing this by peeling back a side of the sticker to allow for a better grip of their fingers to peel the sticker off on their own.
- 6. Continue adding stickers to their legs and feet and watch as they build fine-motor skills to peel the stickers off.



- 7. Continue until child no longer shows any interest.
- 8. You can even put them on your legs and feet and watch as your child builds physical development in their fingers and hands.

Milestones to meet:

The child uses fine-motor skills in their fingers and hands by peeling stickers off of their legs and feet.

Evaluation:

Did this lesson work for your child? Why or why not?