



# Biscuits and Fall Cookie Cutters Ages 2 years to 3 years

**Objective:** The child can use fine-motor and tactile skills by manipulating with dough and cookie cutters.

**Materials needed:**

Plastic fall cookie cutters

Pillsbury biscuit dough \*only if your child is not allergic to any of its ingredients. If they are allergic to anything, make your own safe play dough with flour, salt and water, such as the play dough recipe on our "Messy Madness" resources page\*

**Procedures:**

1. Have your child sit at a kid-friendly table wearing old clothes for it may get messy!
2. Lay down a sheet of wax paper on the table.
3. Before hand, take the biscuit dough out of the packaging and put it all on the wax paper, flattening it out.
4. Model to child: Touching, pressing, and finger-poking the dough to show. Encourage child to do it with you, feeling and touching the dough.
5. Now put plastic fall cookie cutters on the table.
6. Model to your child: grab a cookie cutter and put it into the dough, making the cutout. Ask child to tell you what you made (I.e. "What shape did I make in the dough?")



# Biscuits and Fall Cookie Cutters

## Ages 2 years to 3 years

7. Watch as your child learns and discovers on their own. Talk to your child about what they are doing, or what kinds of cutouts (cookie cutter shapes) they

see and are making.

8. Remind them dough is NOT for eating, only playing with and making shapes with the cookie cutters.

Redirect as necessary.

### **Milestones to meet:**

The child can use fine-motor skills to grasp and push cookie cutters into dough. The child is able to use tactile development through touching, pressing, and making different kinds of prints (hand/finger/cookie cutter) in biscuit dough. The child can tell you what they are doing and making.

### **Evaluation:**

Did this lesson work for your child? Why or why not?