



# Biscuits and Fall Cookie Cutters Ages 1 year to 2 years

**Objective:** The child can use fine-motor and tactile skills by manipulating with dough and cookie cutters.

## **Materials needed:**

Plastic fall cookie cutters

Pillsbury biscuit dough \*only if your child is not allergic to any of its ingredients. If they are allergic to anything, make your own safe play dough with flour, salt and water, such as the play dough recipe on our "Messy Madness" resources page\*

## **Procedures:**

1. Have your child sit in their highchair for this activity; going shirtless for it may get messy!
2. Before hand, take the biscuit dough out of the packaging and put it all on the highchair tray.
3. Start by modeling: Touching, pressing, and finger poking the dough to show your child. Watch as they will try to mimic you and touch the dough to learn through tactile development.
4. Now put 2 or 3 plastic fall cookie cutters down on the tray.
5. Show and do to model to your child: grab a cookie cutter and put it into the dough, making the cutout. Say the name of what you made. Ask them to repeat. (I.e. "Can you say star?")



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6. Watch as your child learns and discovers on their own. Talk to your child about what you are doing, or what kinds of cutouts (cookie cutter shapes) you see.

7. If they try to put any of the dough in their mouth it is okay, it is not harmful, unless they are allergic. Always move their hands away, say "yucky," and redirect them to play, feel, make cookie cutouts, and learn!

## **Milestones to meet:**

The child can use fine-motor skills to grasp and grab cookie cutters. The child is able to use tactile development through touching, pressing, and making different kinds of prints (hand/finger/cookie cutter) in biscuit dough.

## **Evaluation:**

Did this lesson work for your child? Why or why not?