



# Apple Prints

## Painting

### Ages 2 years to 3 years

**Objective:** The child is able to use fine-motor and visual creativity skills by holding apple pieces and using them as stamps to paint.

#### Materials needed:

- \*Large apple cutout (print from resources page) or use just a blank white sheet of paper
- \*Yogurt for paint mixture (colored)-ONLY use if your child is **not allergic** to yogurt, if they are use a different paint substitute, any color.
- \*Real apple (cut into quarters-remove all seeds)

#### Procedures:

1. Have your child sit at a kid-friendly table, wearing old clothes for it may get messy!
2. Before hand, cut the apple into quarters, removing all seeds and stems.
3. Put a small amount of yogurt (spoonful) on a paper plate.
4. Model and explain to your child what you are doing. Grab a piece of the apple, dip the "white-inside" of the apple into the yogurt, and print it like a stamp onto the paper.



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5. Have your child grab an apple piece, dip into the paint mix, and stamp on the paper. Help as necessary.

6. Doing it with them and encouraging: hold the apple, dip it into the paint, and make a print on the paper.

7. Ask your child open-ended thinking questions: "What are we making? What happens when we paint with the apple and yogurt?"

### **Milestones to meet:**

The child can use fine-motor skills to hold and grab an apple piece. The child uses hand-eye coordination through print painting. The child can answer questions about what they are doing.

### **Evaluation:**

Did this lesson work for your child? Why or why not?