



# Apple Prints

## Painting

### Ages 1 year to 2 years

**Objective:** The child is able to use fine-motor and visual creativity skills by holding apple pieces and using them as stamps to paint.

#### Materials needed:

- \*Large apple cutout (print from resources page) or use just a blank white sheet of paper
- \*Yogurt for paint mixture (colored)-ONLY use if your child is **not allergic** to yogurt, if they are use a different paint substitute, any color.
- \*Real apple (cut into quarters-remove all seeds)

#### Procedures:

1. Have your child sit in their highchair for this activity; going shirtless for it may get messy!
2. Before hand, cut the apple into quarters, removing all seeds and stems.
3. Put a small amount of yogurt (spoonful) on a paper plate.
4. Show and do to model to your child what you are doing and making. Grab a piece of the apple, dip the "white-inside" of the apple into the paint mixture, and print it like a stamp onto the paper.



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5. Now put the apple into your child's hand for them to grab and hold. Help their hands as necessary.

6. Doing it with them, helping to hold the apple in

their hand, dip it into the paint, and make a print on the paper.

7. Keep repeating and each time you make a print remember to say the word "apple" to your child to build early language development. Always ask child to repeat the word after you. "Can you say apple?"

## **Milestones to meet:**

The child can use fine-motor skills to hold and grab an apple piece. The child uses hand-eye coordination through print painting. The child makes a connection to an apple and tries to repeat and say the word "apple" after hearing it.

## **Evaluation:**

Did this lesson work for your child? Why or why not?