



# Social & Emotional Sharing

## Ages 1 year to 2 years

**Objective:** The child will begin to understand the concept and meaning of sharing after playing a game with their parent.

**Materials needed:**

Yourself and your child!

2 different toys (of any kind you have at home)

**Procedures:**

1. Sit on the floor with your child.
2. Put 2 of the toys down on the floor. Hand your child one and you keep the other one. Tell your child, "We are sharing. Mommy/daddy has 1 toy, and \_\_\_\_\_ has 1 one. We both have 1 toy."
3. Now give both of the toys to your child. Tell them, "\_\_\_\_\_ has 2 toys. Mommy/daddy has no toys. Can I have a toy please?"
4. Watch to see if they give you one. If they don't, this is where the concept of "sharing" comes into play. Hold out your hands as if you are asking for 1 of the toys. Repeat the phrase:



# Social & Emotional Sharing

## Ages 1 year to 2 years

"Can I have 1 toy please?" Say "Thank you!"

5. Slowly take one away if they do not willingly

hand you one. Use words to keep explaining what you are doing so your child gains awareness. (i.e. "We are sharing. You have 1 toy, mommy/daddy has 1 toy, and then we will switch. We both have 1 toy. Good job, yay, you are sharing!")

6. In order to teach sharing (which is SO HARD at this age because everything is "mine, mine", you have to continue to use words to redirect and model what it is you're doing, be positive with your words, encourage, and be consistent.

### **Milestones to meet:**

The child begins to understand that sharing means each person gets something. The child shows a willingness to "share" a toy with their parent.

### **Evaluation:**

Did this lesson work for your child? Why or why not?