



Social & Emotional Magazine Emotions Ages 2 years to 3 years

Objective: The child will develop understanding of emotions after seeing pictures of people.

Materials needed:

Parenting Magazines (kid-friendly such as: Parents, BabyTalk, FamilyFun, & Pregnancy/Newborn)

Procedures

1. Sit in an open area free of any toys or distractions for your child. Maybe on a soft bed, couch, or chair.
2. Hold your child in your lap while sitting down.
3. Open up 1 magazine of choice. Go through it with your child looking at the people and pictures.
4. The goal for this lesson is to find people and pictures that have "emotional" types of facial responses. Such as: happy, sad, indifferent, surprised, excited, and mad.
5. As you find these kinds of pictures of people showing emotions, point to them and say what kind of emotion your child may see in them.



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6. Continue going through the magazine pointing to and telling your child the kinds of people and emotions you are seeing.

7. Ask your child to try and "say" the type of emotion they are seeing; repeating the word after you. Such as: Pointing to a picture of a lady smiling, you would tell & then ask your child, "she is happy, can you say happy?"

8. Continue activity with other magazines or books or until your child no longer shows any interest.

Milestones to meet:

The child can look at a magazine and pictures. The child builds emotional awareness and feelings. The child shows a reaction to peoples emotions they see in pictures. The child can repeat words.

Evaluation:

Did this lesson work for your child? Why or why not?