



Physical: Making Music

Ages 2 years to 3 years

Objective: The child will be able to make music sounds, and respond with physical movements.

Materials needed:

Empty water bottles with rice or beans inside (2+)
Colorful fall glitter

Procedures:

1. Before hand, put the rice and beans inside an empty water bottle, sprinkle in some glitter. Close tightly. Use a funnel and your child can help pour rice/beans inside the bottle. Make two bottles, one for you and one for your child.
2. Start using the noise makers to your child and see how he or she responds. Shake them.
3. Rattle the noise makers in front of your child, to the side, and up and down. Watch to see if they follow the noise with their head/eyes. Hand them the noise bottles and let them do. Dance with them to model having fun! Sing songs such as "ABC's" & "Twinkle, Twinkle" as you shake the noise bottles together.



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6. Shake them fast and slow. Loud and quiet. See how your child responds or if they try to do it with you.
7. Use different kinds of noise makers for extra fun, such as rattles, pots and pans with wooden spoons, or bells.
8. After all of the music fun, let your child finger paint (or use a paint brush) to paint the outside of the water bottles for connecting art and creativity with music! Allow for them to dry completely before using them again.

Milestones to meet:

The child is able to grab, hold, and shake a bottle to make noises. The child can hold a paint brush and paint. The child imitates actions of an adult.

Evaluation:

Did this lesson work for your child? Why or why not?