



Physical: Ball Socks

Ages 1 year to 2 years

Objective: The child builds motor skills through grabbing balls of socks & putting them in a basket.

Materials needed:

Different pairs of socks (pairs rolled up into a ball)
1 laundry basket

Procedures

1. Sit on the floor with your child for this activity. Make sure the socks are rolled up.
2. Put the laundry basket down in front of them. Let them stand up on the side of it, pulling themselves up. Help them "walk and push" the basket across the floor. Put them inside of it and see what they do. Do they try to crawl out? These kinds of easy activities helps your child build motor skills and physical development.
3. Now put the balls of socks on the floor in front of you and your child.
4. Model to show them what to do. "Toss and throw" the socks inside the laundry basket.



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5. Encourage your child to grab and throw the socks into the basket. Help their hands to do so if needed.
6. Continue until all of the balls of socks have been tossed in the basket or your child no longer shows any interest.

Milestones to meet:

The child can grab and hold a ball of socks. The child can toss and throw an object into a basket to build motor skills.

Evaluation:

Did this lesson work for your child? Why or why not?