# Good Choice Bad Choice Ages 2 years to 3 years

**Objective:** The child builds the meaning of good and bad after talking with their parents and making visual connections using the colors green and red. **Materials needed:** 

Good/Bad Choice signs (print from resources page) **Procedures** 

- 1. Sit with your child on the floor. Have them sit in front of you so they can see the signs as you hold them up.
- 2. You are going to ask your child the questions on the next page and then hold up the appropriate sign to show your child the "answer" to the question. You can even encourage your child to hold up the sign to tell you the answers to the questions; it is either green "good choice" or red "bad choice" for answers to questions.
- 3. Ready, set, learn...

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4. Optional: For a behavior management idea, continue your normal daily routine, and be consistent with your child teaching them using the signs as positive visual re-direction for "good and bad choices" as they make decisions and actions throughout the day.

### Questions to ask child and encourage (or parent holds up) appropriate signs as the answer:

1. Hitting someone. (hold up red sign "bad choice")

- 2. Hugging someone. (hold up green sign "good")
- 3. Wearing out seat belt in the car. (hold up green sign "good choice")

4. Running away from mommy and daddy at the store. (hold up red sign "bad choice")

5. Helping clean up our bedroom. (hold up green sign "good choice")

6. Being a good listener. (hold up green sign "good")

7. Coloring on the walls or floor. (hold up red sign "bad choice")

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**Optional Extension Activity:** Make up your own questions and scenarios of good choices and bad choices you want to talk about with your toddler. Remember to make them easy, short worded, and something they have experienced before or can relate to. This is how learning occurs—using prior knowledge to build new knowledge. Remember to also use the signs to teach and learn concepts. **Milestones to meet:** 

The child makes awareness that the color green means "yes-good choice" and the color red means "no-bad choice". The child can answer questions and makes understanding to the answer using visual representations of colored signs, green & red by holding them up to answer.

#### **Evaluation:**

Did this lesson work for your child? Why or why not?