



Character: Picture of Myself Ages 2 years to 3 years

Objective: The child builds self-awareness after seeing themselves in different pictures.

Materials needed:

A variety of pictures of your child (in a variety of settings, forms, and experiences) - about 10 is enough for this age's attention span

1 sheet of white paper and a yellow highlighter

Procedures

1. Sit in a comfy spot with your child in your lap.
2. Go through each picture you have of your child one at a time.
3. Hold it up in front of them, point to it, and use emphasize in your voice as much as possible when doing this activity to catch and keep their attention.
4. As you go through each picture, point to the picture and ask "who is that?" Briefly tell them what they are doing, where they are, or who they are with (if anyone). Ask child questions to build comprehension: "Look, what are you doing?"



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5. Go through all pictures of your child to build their self-awareness.

6. Continue until all of the pictures have been gone through and described in brief detail to your child, or they no longer show any interest.

7. On a white sheet of paper, using a yellow highlighter, write out your child's name.

8. Give them a marker or crayon. Show child how to "trace" (and teach what that word means) by using your finger and "tracing" the yellow letters while saying telling your child "can you trace the letters in your name?"

9. Now encourage them to try and trace the letters on their own with the crayon. Help their hands as necessary. Model the first one or two letters for child with the crayon so they can visually see and learn what you mean when you say "trace" the letters.



Character:

Picture of Myself

Ages 2 years to 3 years

Milestones to meet:

The child can recognize themselves in photos. The child builds self-awareness skills. The child may point to a picture and tell you what they are doing. The child can hold a crayon and make marks as a form of "tracing" letters.

Evaluation:

Did this lesson work for your child? Why or why not?