



# Character:

## Picture of Myself

### Ages 1 year to 2 years

**Objective:** The child builds self-awareness after seeing themselves in different pictures.

#### **Materials needed:**

A variety of pictures of your child (in a variety of settings, forms, and experiences) - about 10 is enough for this age's attention span

#### **Procedures**

1. Sit in a comfy spot with your child in your lap.
2. Go through each picture you have of your child one at a time.
3. Hold it up in front of them, point to it, and use emphasize in your voice as much as possible when doing this activity to catch and keep their attention.
4. As you go through each picture, say your child's name, point to the picture and briefly tell them what they are doing, where they are, or who they are with (if anyone). Always point to the picture and say your child's name. ("Look there is \_\_\_\_.")



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5. Go through all pictures of your child to build their self-awareness.

6. Continue until all of the pictures have been gone through and described in brief detail to your child, or they no longer show any interest.

## **Milestones to meet:**

The child can recognize themselves in photos. The child builds self-awareness skills. The child may point to a picture of themselves and say their name.

## **Evaluation:**

Did this lesson work for your child? Why or why not?