



# Thankful Handprint

## Ages 2 to 3 years

**Objective:** The child builds texture awareness through a handprint painting, recognizes their fingers and hands, and learns about thankfulness.

**Materials needed:**

Thankful Handprint (printable)

Washable paint (for handprint)

Black sharpie marker

**Procedures:**

1. Have your child sit at a small table.
2. What you are going to do is paint your child's hand (or dip it into paint on a plate)
3. Have them hold their hand open and place their hand-print on the printable sheet.
4. Let it dry completely.
5. Once it is dried, use the sharpie and ask your child five things they love. (write one thing on each of their five fingers) Build thinking in your child by using easy phrasing to ask. I.e. "You love mommy. You love to eat. You love kisses."



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This activity is perfect for creating a keepsake memento for your child's baby book!

**Extension:** Once the handprint is dried, point to and count your child's fingers out loud! Ask child to repeat counting along with you.

Discuss what "thankful" means. Teach in an easy way a child at this age can understand. "Thankful means to love something. To appreciate what we have. Mommy is thankful for you. Daddy is thankful for you. We're thankful for our home, food, clothes, and each other."

### **Milestones to meet:**

The child can make a hand print. The child counts along using their fingers. The child begins developing the meaning of thankfulness.

### **Evaluation:**

Did this lesson work for your child? Why or why not?