

Objective: The child uses listening skills to make sounds that are quiet and loud.

## Materials needed:

Empty water bottles or plastic bottles (juice, soda, milk jugs, ect)
Soft items (quiet): Q-tips, cotton balls, marshmallows, small pieces of tissue paper, feathers, and colorful fall paper or glitter Hard items (loud): Small rocks, buttons, beads, beans, rice, acorns, and sticks

## **Procedures**

- 1. Before hand, you are going to fill up the empty plastic bottles with both hard and soft items. Make about 2 of each, loud and soft bottle noise makers.
- 2. Sit on the floor with your child.
- 3. Show them first each of the bottles, and to build language development, say the sound it



makes to your child. "It is quiet, or it is loud."

- 4. Put the bottles in front of your child and allow them to discover, learn, and shake the bottles freely on their own. This is how they learn-through experience, trial and error, and exploration.
- 5. Ask child what sounds they hear, "loud or quiet?" Ask child to make louds sounds, then quiet sounds.
- 6. You can look at the bottles and ask your child what materials they see inside? (I.e. "Look, there are rocks and cotton balls.") This builds language development and object-association in your child.

## Milestones to meet:

The child can listen to and make quiet and loud sounds. The child can pick up a bottle and shake it to build motor development. The child shows following directions by making sounds when told.

## **Evaluation:**

Did this lesson work for your child? Why or why not?