



Loud and Quiet

Ages 1 to 2 years

Objective: The child uses listening skills to make sounds that are quiet and loud.

Materials needed:

Empty water bottles or plastic bottles (juice, soda, milk jugs, ect)

Soft items (quiet): Q-tips, cotton balls, marshmallows, small pieces of tissue paper, feathers, and colorful fall paper or glitter

Hard items (loud): Small rocks, buttons, beads, beans, rice, acorns, and sticks

Procedures

1. Before hand, you are going to fill up the empty plastic bottles with both hard and soft items. Make about 2 of each, loud and soft bottle noise makers.
2. Sit on the floor with your child.
3. Show them first each of the bottles, and to build language development, say the sound it



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makes to your child. "It is quiet, or it is loud."

4. Put the bottles in front of your child and allow them to discover, learn, and shake the bottles freely on their own. This is how they learn-through experience, trial and error, and exploration.

5. You can look at the bottles and use words to describe to your child what materials you see inside. "Look, there are rocks and cotton balls." This builds language development and object-association in your child. Ask child: "what do they see inside?"

Milestones to meet:

The child can listen to and make quiet and loud sounds. The child can pick up a bottle and shake it to build motor development

Evaluation:

Did this lesson work for your child? Why or why not?