Solids and Liquids 2 years to 3 years

Objective: The child is introduced to solids and

liquids through sensory exploration.

Materials needed:

Water

Cooked spaghetti noodles Large dish bucket or container Bowls with strainers/holes Spoons with holes **Procedures:**

- 1. Start by putting the cooked spaghetti noodles in the bucket with about 1-2 inches of water.
- 2. Place this on top of a towel and do this in a easy cleanable area, such as the kitchen where there is tile.
- 3. Let your child use the spoons and cups with holes to play engagingly exploring freely with the noodles and water.

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4. Self-exploration with the solid noodles and the liquid water is key to learning for your child in this activity.



Milestones to meet:

The child can explore objects using their senses. **Evaluation:**

Did this lesson work for your child? Why or why not?