



Paint with Cornstarch

2 years to 3 years

Objective: The child uses their senses, and demonstrates creativity, letter creation, and expression through painting.

Materials needed:

Cornstarch

Water

Food coloring (choose a desired color)

Paint tools: brushes, combs, toy cars, q-tips, or their fingers!

White paper

Procedures:

1. Making the paint: Add together 2 cups of cornstarch to 1 cup of cold water. Mix until liquid. Add that mix to 1 cup of boiling hot water. Stir consistently. Stir until it turns out to be a thick, pearl-colored liquid. Add in food coloring.

[View Full Recipe Here](#)





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2. Have your child sit in their highchair or a small kid-friendly table. Let them go shirtless or wear an old tee-shirt for this activity they will get messy!

3. Place the sheet of paper in front of them. Give them one or two paint-tools at a time to use for painting.

4. Let them free-paint and express themselves on their own!

Milestones to meet:

The child can use fine-motor skills to grasp and paint with a variety of tools. The child shows signs of creativity while painting.

Evaluation:

Did this lesson work for your child? Why or why not?