



# Paint with Cornstarch

## 1 Year—2 years

**Objective:** The child uses their senses, and builds creativity and expression through painting.

### Materials needed:

Cornstarch

Water

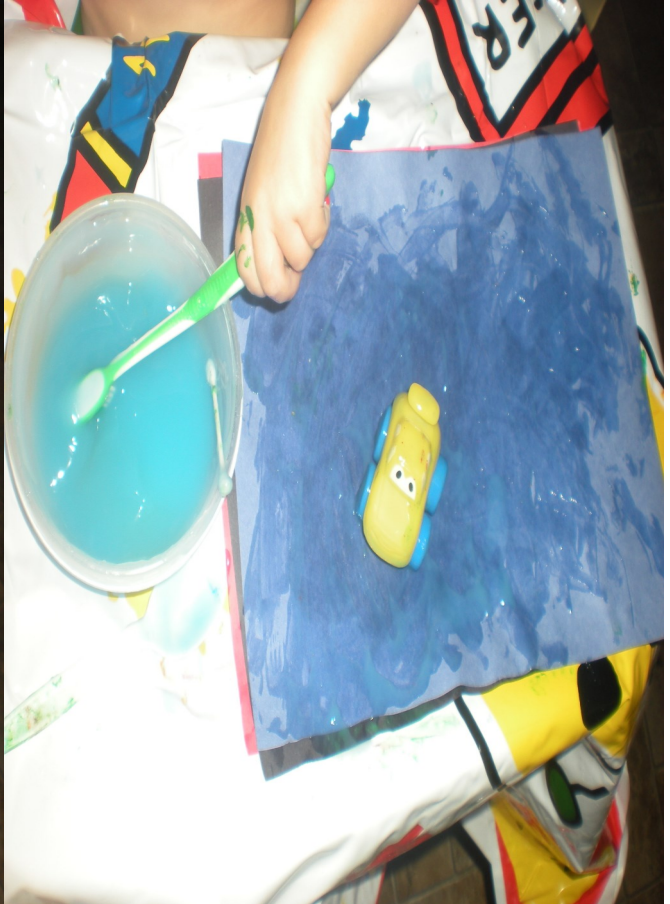
Food coloring (chose a desired color)

Paint tools: brushes, combs, toy cars, q-tips, or their fingers!

### Procedures:

1. Making the paint: Add together 2 cups of cornstarch to 1 cup of cold water. Mix until liquid. Add that mix to 1 cup of boiling hot water. Stir consistently. Stir until it turns out to be a thick, pearl-colored liquid. Add in food coloring.

[View Full Recipe Here](#)





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2. Have your child sit in their highchair. Let them go shirtless or wear an old tee-shirt for this activity they will get messy!

3. Put a small spoonful amount of cornstarch paint on the tray. Give them one or two paint-tools at a time to use for painting.

4. Let them free-paint and express themselves on their own! Use describing words to teach/talk with child about how it feels or what it looks like.

### **Milestones to meet:**

The child can use fine-motor skills to grasp and paint with a variety of tools. The child shows signs of creativity while painting.

### **Evaluation:**

Did this lesson work for your child? Why or why not?