



Growing Plants

2 years to 3 years

Objective: The child will begin recognizing what plants need in order to grow.

Materials needed:

4 small Styrofoam cups

2-3 Pretzels, Dried Lima Beans, and Blue berries

1 end of a potato (cut potato in half)

Dirt (get fresh potting soil at any garden store)

Procedures:

1. This activity must be supervised at all times so your child does not "eat" the potting soil/dirt.
2. Do this activity outside and have your child wear an old shirt.
3. Put the soil/dirt in each of the 4 Styrofoam cups.
4. Add in 1 of each item into each cup of soil.
Have child push it down about 1 inch.
5. Have child water each cup and sit out in the sun.





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6. Check the cups every day with your child to see if any of the items are growing (make observations to what is happening with your child; ask them questions) and have them water them every day for 1 week. Keep cups out of the wind and rain, under a porch outside so they still have access to plenty of sunlight.

Milestones to meet:

The child begins to recognize and learn about plants. The child learns what 3 things help plants to grow.

Evaluation:

Did this lesson work for your child? Why or why not?