



Following Number Directions 1 year to 2 years

Objective: The child can follow a set of simple one and two-step directions.

Materials needed:

Just you and your child!

Procedures:

1. Say these directions step-by-step. See if your child does what you say. After you say each direction: ALWAYS model and do the direction for your child to teach/show them what it is you want for them to do.
 - Can you clap one time? (I.e. You clap one time to teach/show your child this direction. See if they copy and do it after you)
 - Can you show me two fingers? Count one, two. (I.e. Hold up one finger, say one, then the other finger, say two. See if they try to hold up their fingers and "say one, two.")
 - Can you stomp one time? Now stomp two times?
 - Can you turn in a circle one time?



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- Can you show me one finger?
- Can you show me two hands? Now point to your two feet?

2. Always praise them for following the directions along with you. Encouragement helps build your child's self-esteem and learning capacity for greater success!

Milestones to meet:

The child imitates and follows verbal directions after being shown. The child is introduced to the concept of numbers one and two through verbal directions.

Evaluation:

Did this lesson work for your child? Why or why not?