



# Day and Night

## 2 years to 3 years

**Objective:** The child builds comprehension for day and night characteristics.

### **Materials needed:**

Day and Night Picture Cards (printable)

### **Procedures:**

1. Start by showing your child the day and night picture cards. Cut them out individually to show.
2. Talk with your child about characteristics that happen at night time. Such as: It gets dark, we get ready for bed, we eat dinner as a family, we say our prayers, and the moon comes up.
3. Talk with your child about characteristics that happen during the day time. Such as: It gets light, we wake up, we eat breakfast, we brush our teeth and get dressed, and the sun comes up.



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4. Mix up all of the picture cards.
5. Laying them face-up on the floor or table, with your child help them sort them by day and night; into those two categories.
6. Discuss with your child why the pictures represent day and night, and what is similar and different about the day and night picture cards.

### **Milestones to meet:**

The child begins to learn about day and night characteristics. The child begins to distinguish between day and night. The child tries to sort pictures into two categories.

### **Evaluation:**

Did this lesson work for your child? Why or why not?