



Air Goes Up

1 year to 2 years

Objective: The child begins to build their knowledge of objects that blow and go up.

Materials needed:

Balloons

Bubbles

Feathers

Fan or Blow Dryer

Procedures:

1. Begin this activity by blowing up 3-5 balloons.
2. If it is a windy day outside you can do this activity outside; if not, use a fan or blow dryer to make the motion of "air blowing."
3. Start with the balloons. Let your child feel them and tell them what they are to build their knowledge and vocabulary.
4. Now tell them, if we let go of a balloon it will go up. Show them (let go in the wind or put in front



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of a fan or blow dryer.

5. Say: "Wow, look. The balloons go up in the air."

6. Now use the bubbles. Start blowing them. Use vocabulary to describe their motions. "When we blow bubbles, they go up. Then they pop." Ask your child: "Can you catch the bubbles going up? Pop them." *Model how to pop the bubbles and do it to show your child what you want them to do*

7. Last, use the feathers. Let go in the wind, or place in front of the fan/blow dryer. Use vocabulary to describe: "The feathers blow. They blow up. Can you say up?"

Tip: If your child can, have them let go of the balloons or feathers, or let them try to blow the bubbles. For them to "be the doers and involved in the process" builds even further learning.

Milestones to meet:

The child builds understanding of objects going up in motion. The child can blow bubbles.

Evaluation:

Did this lesson work for your child? Why or why not?