



Paint With Water

2 years—3 years

Objective: The child uses fine-motor skills to paint with water.

Materials needed:

- 1 black poster board
- Small container of water
- Paint brushes or Paint sponges
- Optional: Chalk

Procedures:

1. Fill up the container with about 1-2 inches of water.
2. Show your child what to do. Grab the paint brush or sponge and dip into the water. Show them how they can make strokes on the black poster board with the water.
3. Encourage them by letting them grasp the paint brush and sponge and painting with it on the poster board.
4. Continue until child no longer shows any interest. Let them do freely on own.





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6. You can show child how to use chalk to write on the black poster board, then use the water and brush to "erase" it. You can write letters, your child's name, draw shapes, or just marks using the chalk on the poster board.

Milestones to meet:

The child can make strokes with water. The child builds fine-motor skills to grasp and make strokes. The child can grasp chalk and use it to make strokes.

Evaluation:

Did this lesson work for your child? Why or why not?