



What We Wear

Ages 3 years—4 years

Objective: The child can recognize and name familiar types of clothing worn in their living environment.

Materials needed:

Your child's clothing: Shirt, pants, skirt, shoes, socks, belts, hats, diaper, pajamas, jacket

My Body Cutout (printable)

Crayons

Procedures:

1. Go to your child's closet or dresser drawer to show them their own clothes; show 1 at a time.
2. Ask child its name, where it is worn on their body, and what kind of weather we wear it in.
3. If available and possible, put on and show your child **very distinct articles of clothing that represent your culture**. Such as: Shawls, head dress pieces, scarfs, India female sari's, Western wear (cowboy hats or boots), jewelry, Military uniforms (for those who serve this is a form of a culture or way of life).



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5. Sitting at a table, have your child draw clothes on the body cutout picture. Ask child if they are making a girl or a boy. Have child give it hair, eyes, a nose, mouth, ears, and clothes!

Optional Extension Activity:

Fun online game on PBS to "dress the kid" - Parent will have to help to show/teach child how to do game. Have your child sit in lap looking at the computer screen. [Dress-Up Online Game](#)

Milestones to meet:

The child can recognize and name familiar clothing in which they wear. The child attempts to draw clothes on the body cutout printable.

Evaluation:

Did this lesson work for your child? Why or why not?