



# What We Wear

## Ages 2 years—3 years

**Objective:** The child can recognize and name familiar types of clothing worn in their living environment.

**Materials needed:**

Your child's clothing: Shirt, pants, skirt, shoes, socks, belts, hats, diaper, pajamas, jacket

**Procedures:**

1. Go to your child's closet or dresser drawer to show them their own clothes.
2. Sit on the floor with your child, show one article of clothing at a time.
3. Ask child its name, where it is worn on their body, and what kind of weather we wear it in.
4. If available and possible, put on and show your child **very distinct articles of clothing that represent your culture**. Such as: Shawls, head dress pieces, scarfs, India female sari's, Western wear (cowboy hats or boots), jewelry, Military uniforms (for those who serve this is a form of a culture or way of life).



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5. Have your child put the articles of clothing together as if they were dressing an imaginary person on the floor with them. Putting them in order the proper way. Shirt on top, pants under shirt, socks and shoes at the bottom of the pant legs...and so forth!

### Optional Extension Activity:

Fun online game on PBS to "dress the kid" - Parent will have to help to show/teach child how to do game. Have your child sit in lap looking at the computer screen. [Dress-Up Online Game](#)

### Milestones to meet:

The child can recognize and name familiar clothing in which they wear. The child can put clothing in order.

### Evaluation:

Did this lesson work for your child? Why or why not?