



What We Wear

1 year—2 years

Objective: The child begins to visualize familiar types of clothing worn in their living environment.

Materials needed:

Your child's clothing: Shirt, pants, skirt, shoes, socks, belts, hats, diaper, pajamas, jacket

Procedures:

1. Go to your child's closet or dresser drawer to show them their own clothes.
2. Sit on the floor with your child, show one article of clothing at a time.
3. Discuss its name, where it is worn on their body, and what kind of weather we wear it in.
4. If available and possible, put on and show your child **very distinct articles of clothing that represent your culture**. Such as: Shawls, head dress pieces, scarfs, India female sari's, Western wear (cowboy hats or boots), jewelry, Military uniforms (for those who serve this is a form of a culture or way of life).



What We Wear 1 year—2 years

Fun online game on PBS to “dress the kid” - Parent will have to do this to show/teach child and use words to describe what they are doing while having child sit in lap looking at the computer screen.

[Dress-Up Online Game](#)

Milestones to meet:

The child begins to visualize familiar clothing in which they wear.

Evaluation:

Did this lesson work for your child? Why or why not?