



Ribbon Dance

Ages 3 years—4 years

Objective: The child listens to songs and hears rhythms of different beats and paces while using a ribbon wand to express themselves!

Materials needed:

Music—Culturally Diverse (you can find a variety of music genres on your TV cable stations)

Long stick

Strands of Ribbon (multiple colors or pieces about 2 feet in length each)

Optional to do: [Online Songs](#) Mother Goose Rhymes

Procedures:

1. First, tie the ribbon to one end of the stick.
Use multiple colors of ribbon (about 4 strands, 2 feet in length each). Make one for you too!
2. Turn on the music or radio and dance with your child. Give them the ribbon to use as a wand.



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3. Show child how they can dance and move with the ribbon wand to express themselves.
4. Dance with your child.
5. Change the music to a variety of cultural genres for free expression and learning!
6. Continue dancing and moving with your child until they no longer show interest!

Milestones to meet:

Child shows a reaction through movement, sounds, or expression when listening to songs. The child can use a ribbon wand to the sounds they hear in music. The child expresses themselves.

Evaluation:

Did this lesson work for your child? Why or why not?