



# Dance to Music

## Ages 1 year—2 years

**Objective:** The child listens to songs and hears rhythms of different beats and paces while using a ribbon wand to express themselves!

### **Materials needed:**

Music—Culturally Diverse (you can find a variety of music genres on your TV cable stations or radio)

Long stick

Strands of Ribbon (multiple colors or pieces about 2 feet in length each)

### **Procedures:**

1. First, tie the ribbon to one end of the stick.  
Use multiple colors of ribbon (about 4 strands, 2 feet in length each). Make one for you too!
2. Turn on the music or radio and dance with your child. Give them the ribbon to use as a wand. Show child how to wave it around in the air.



# Dance to Music

## Ages 1 year—2 years

3. Show child how they can dance and move with the ribbon wand to express themselves.
4. Dance with your child.
5. Change the music to a variety of cultural genres for free expression and learning!
6. Continue dancing and moving with your child until they no longer show interest!

### **Milestones to meet:**

Child shows a reaction through movement, sounds, or expression when listening to songs. The child can use hold a ribbon wand and wave it around in the air.

### **Evaluation:**

Did this lesson work for your child? Why or why not?