



# Colors in a Bottle

## Ages 1 year—2 years

**Objective:** The child begins to learn their colors after seeing, exploring, and hearing their names.

### Materials needed:

Empty plastic bottles (4)

Food Coloring (blue, red, green, yellow)

Water

### Procedures:

1. First, you will have to fill up the empty plastic bottles half way full with water.
2. Each bottle will get about 4-5 drops of each food color in it. So you will have a colored bottle for each of the colors listed above.
3. Shake them up to mix food coloring in water.
4. Sit on the floor with your child.
5. Let them explore, roll, shake, grab, and discover the colored bottles on their own.
6. As they show interest in one, say/teach that colors name to your child. Make sure you say and teach all colors.



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5. Watch to see how they react & what they do.
6. **For extra fun:** You can add in small items that are the same colors as the water in the bottles. This gives the bottles inside something else to “look at” for your child other than just colored water. Such as putting small blue marbles in the blue water bottle and small red beads in the red water bottle. Let your infant discover and explore. Ask child to find the objects: I.e. “Can you find the red beads?”

### **Milestones to meet:**

The child uses motor skills to grab a bottle and shakes it. The child begins to learn their colors.

### **Evaluation:**

Did this lesson work for your child? Why or why not?