



Splish! Splash! Colors!

1 year to 2 years

Objective: The child will explore colors through water play.

Materials needed:

Dish bucket (large enough for child to splash in, but short enough for infant to be able to reach over to feel water when sitting down)

Food Coloring

Procedures:

1. This activity requires water play; therefore, please place down a towel and do this activity on a hard, easily cleanable surface such as the tiled kitchen floor. Have child wear old clothing.
2. Place bucket with water half-way filled up, on top of the towel.
3. With no colors added in, let your child feel and splash the water. Say describing words to build language capacity of how something feels. (I.e. "The water is cold. The water is wet. Splash the water.")



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5. Now add about 5 drops of one color of your choice. Say the color to your child. Let them splash and feel the water with you, mixing the color in the water to turn it that same color.

6. Dump out water, re-fill half way with water, and add in a new color. Follow same directions in step 5.

7. Do the same thing as said in step 6 and 5 for every color you want to teach your child. (Usually food coloring kits come with only four or five colors anyways).

8. Remember to always say the name of the color to your child to help teach colors.

Milestones to meet:

The child begins to build knowledge of colors. The child shows interest in water play.

Evaluation:

Did this lesson work for your child? Why or why not?