



Sensory Beach Play

1 year to 2 years

Objective: The child will use their senses to explore materials.

Materials needed:

2 Large pans or buckets with at least 2-3 inch sides high to keep materials inside when playing.

Sand

Sea-Shells

Plastic ocean animals (if you have, if not it is okay)

Moss (you can find this at any craft store) *This is used to imitate seaweed*

Water (only fill bucket/pan half way full)

Procedures:

1. This activity can get messy, so make sure you have your child wear something old or go shirtless, and do in an easy, cleanable area like the kitchen tiled floor.
2. Always put a towel down under the sensory buckets/pans.



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3. Place the sand, moss (seaweed), and seashells inside one bucket/pan.
4. Place the water, seashells, and ocean animals inside the other bucket/pan.
5. Put both in front of your child to explore and play in to discover their own learning of oceans.
6. As they are exploring, go over the names of each object or item to build language capacity: (sand, seashell, fish, shark, seaweed, water, starfish, and so forth).

Milestones to meet:

The child can use their senses to discover and explore the meaning and characteristics of oceans.

Evaluation:

Did this lesson work for your child? Why or why not?