



Making Popsicles

2 years—3 years

Objective: The child will explore, discover, and use their senses while painting with colored ice and eating popsicles.

Materials needed:

Kool-Aid mix (your choice)

Ice cube tray

Popsicles of choice

Procedures:

1. This activity is best done outside.
2. Make the Kool-Aid with your child. Have them stir the Kool-Aid up and help you pour in the sugar to the pitcher! Use different colors of Kool-Aid in the cube trays for multiple color fun!
3. Then, YOU pour the Kool-Aid into the ice cube tray over the sink, to avoid mess!
4. Place ice cube tray in the freezer for about three hours or until frozen.



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5. After frozen, take out the colored ice cubes and let your child use them to “paint” on the sidewalk or driveway.
6. You will need to show child how to move the ice cubes back and forth to “paint” to model what to do first.
7. After “painting with ice” let your child taste and try a real popsicle just for fun!

Milestones to meet:

The child uses fine-motor skills to grab an ice cube and move it on the ground to represent painting.
The child has willingness to help with tasks.

Evaluation:

Did this lesson work for your child? Why or why not?