



# Writing in Cream

## Ages 2 years—3 years

**Objective:** The child builds language awareness after seeing letters written in whipped cream.

### Materials needed:

Whipped Cream (if your child is allergic to this, use yogurt)

Large, flat tray (cookie sheet works great)

### Procedures:

1. In order for a young child to learn how to do something, they must 'see' someone do it first. Children learn through their experiences; by others who model what to do first.
2. In this activity, you are going to write a letter in the whipped cream using your finger first, then help your child, by encourage them to use their hand, to 'write' after you.
3. Have your child sit at a small table and put the tray in front of them.
4. Smear some whipped cream on top of the tray.
5. In front of your child, using your finger,



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start writing letters in the cream. "A, B, C"

6. Now encourage them to touch the whipped cream.

7. Remember to say the letter out loud so they can hear it, while you write it out.

8. Write each letter of your child's name one at a time in the cream smeared out on the tray, say each letter as you write it. Do all letters, spelling out their whole name.

9. Let child try to make letters or shapes in the whipped cream on their own.

### **Milestones to meet:**

The child makes a connection that letters have meaning, building their language capacity. The child can use their fingers, or hands, to 'make letters' in the cream; a form of tracing. The child begins to recognize the letters in their name.

### **Evaluation:**

Did this lesson work for your child? Why or why not?