



# Writing in Cream

## Ages 1 year—2 years

**Objective:** The child begins to build language awareness after seeing letters written in whipped cream.

**Materials needed:**

Whipped Cream (if your child is allergic to this, use yogurt)

**Procedures:**

1. In order for a young child to learn how to do something, they must 'see' someone do it first. Children learn through their experiences; by others who model what to do first.
2. In this activity, you are going to write a letter in the whipped cream using your finger first, then help your child, by holding their hand, to 'write' after you. This activity is similar to the baby food lesson plan.
3. Have your child sit in their highchair for this activity or a small table with a tray.
4. Smear some whipped cream on top of the tray.
5. In front of your child, using your finger,



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start writing letters in the cream. "A, B, C"

6. Now hold their hand, help them to touch the whipped cream.

7. Remember to say the letter out loud so they can hear it, while you write it out.

8. Write each letter of your child's name one at a time in the cream smeared out on their highchair tray, say each letter as you write it. Do all letters, spelling out their whole name.

9. Let child "finger paint" in cream on own.

### **Milestones to meet:**

The child begins to make a connection that letters have meaning, building their language capacity. The child can use their fingers, or hands, to 'make letters' in the cream; a form of tracing.

### **Evaluation:**

Did this lesson work for your child? Why or why not?