



Painting Strokes

2 years to 3 years

Objective: The child builds fine-motor skills through painting and begins letter recognition.

Materials needed:

Blank white paper

Paint brush

Tempura washable paint (any color(s) is fine)

Procedures:

1. In order for a young child to learn how to do something, they must 'see' someone do it first. Children learn through their experiences; by others who model what to do first.
2. In this activity, you are going to paint a letter first, then help your child to paint that same letter. You may need to hold their hand to guide their 'letter writing.'
3. On the sheet of paper, you start painting letters with the paint brush to show child.
4. Now ask your child to try; help as needed.



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5. Now give them a new sheet of white paper. Let them "free paint" on the paper on their own. Remind them they can "make letters." Painting strokes or marks at this age is appropriate and great!

6. Optional: Paint the letters in their name on the paper, and then say/teach child the letters. Ask child to repeat the letters after you say them.

7. Continue free-painting until they no longer show interest.

Milestones to meet:

The child can grasp a paint brush. The child can resemble "writing" through painting "strokes" to form letters.

Evaluation:

Did this lesson work for your child? Why or why not?