



# Nature Walk Talk

## 4 years to 5 years

**Objective:** The child can recognize objects in nature and say the names of things they recognize.

**Materials needed:**

You and your child and the great outdoors!

**Procedures:**

1. Go outside for this activity.
2. Begin by asking your child where you are:  
"Where are we?"
3. Then, ask your child to tell you things they see. Start pointing to different objects in nature that you see, such as: trees, grass, plants, flowers, sun, clouds, cars, rocks, dirt, water, buildings, bugs, cactus, snow, and ect.
4. Depending on where you live, you can see less or more of these listed in #3.
5. To teach: point to an object and ask your child to say what it is.
6. Ask your child to find things outside that they want to know more about. ("Can you find something to show me that we can talk about together?")



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7. Talk about each objects characteristics: shape, color, name, its use.

**Optional:** Take a walk around the neighborhood and do this same way of teaching to things you may see or come across. Point to objects in nature and ask your child what it is; or have them freely use their words to tell you what they see. Use emphasis in your voice to sound excited to see those things and ask questions, too. (I.e. "Wow! A tree. Why are trees important?" or "Rocks! Cool. Can you count them?")

### **Milestones to meet:**

The child can recognize objects in nature through word association. The child can use their words to tell you objects in nature they see and recognize.

### **Evaluation:**

Did this lesson work for your child? Why or why not?